

CONTENTS

	Page
APPLICATION FOR ADMISSIONS AND REGISTRATION	1
GENERAL INFORMATION	3
Psychology Department	3
Goals of the Masters Programme	5
Admission Requirements	6
Ethical Standard and Discipline	6
Professional Board Requirements	7
Language Medium	8
Accommodation	8
Bursaries and Loans	8
General	8
MASTER OF ARTS DEGREES IN CLINICAL AND COUNSELLING PSYCHOLOGY	10
First Year of Study	10
- Curriculum	10
- Practical Work	17
- Examination	17
Second Year of Study	18
- Internship	18
- Examination	19

APPLICATION FOR ADMISSION AND REGISTRATION AS A MASTERS STUDENT IN PSYCHOLOGY FOR 2019

There is a great deal of competition for the places we have available each year. Prospective students apply by the middle of the year and submit a comprehensive set of application documents as set out below. It is therefore important to complete these documents thoroughly and submit before the closing date.

- ◆ Candidates not currently registered at the Nelson Mandela University must complete an Application for Postgraduate Academic Admission to the University (form NMU 516), as well as an application for admission to post-graduate studies in psychology (form U.24 (SP5).

PLEASE NOTE THAT THE APPLICATION PROCESS IS ONLINE ONLY

- ◆ Applications for admission to the Masters programme are considered by the Selection Committee of the Department of Psychology. This committee makes a recommendation to the Executive Committee of the Faculty. In the case of candidates from other universities the Executive Committee of the Faculty makes a recommendation to the Council of the University on the granting of status.
- ◆ In order to facilitate the selection process candidates are required to furnish the Selection Committee with names of three referees, two of whom should preferably be university lecturers, who would be able to report on the candidate's suitability for professional training. Referee reports received from family, friends and fellow students will not be accepted. Candidates are also required to send an autobiography, maximum 4 pages in length.
- ◆ The closing date for applications is **29 June 2018** and applicants who qualify for the short list will be invited to take part in the selection programme which will take place from **15 August – 22 August 2018**.
- ◆ The candidate is subsequently notified in writing of the outcome of his/her application. **No personal feedback concerning the outcome will be given to applicants.**
- ◆ **Successful** candidates are required to register as a psychology student with the Health Professions Council of South Africa before commencement of the course and to provide the Head of the Department of Psychology with proof thereof. Registration must be renewed every year until studies have been completed and

the degree conferred.

- ◆ The Head of the Department of Psychology, Prof L Stroud, can be contacted by telephone (041) 504-2354 or e-mail psychology@mandela.ac.za during office hours if additional information is required.

ONLINE APPLICATIONS CAN BE DONE AT:

<http://www.mandela.ac.za/Apply/Admission/How-do-I-apply>

GENERAL INFORMATION

PSYCHOLOGY DEPARTMENT

The mission of the Nelson Mandela University is an engaged and people centred university that serves the needs of its diverse communities by contributing to sustainable development through excellent academic programmes, research and service delivery. Students should be aware that there are postgraduate lectures, workshops and practical rotations also held on the Missionvale campus site.

Our students come from diverse social, religious, and cultural backgrounds. It is our conviction that the experience of diversity is an important component of professional training in Psychology and that an understanding and appreciation of diversity precedes the achievement of excellence as a professional psychologist.

Diversity is also a feature of the Department's staff component. Staff members in our Department are trained and have professional experience in a variety of orientations to psychological practice. They are registered clinical, counselling and research psychologists. Furthermore, staff members have varied research interests. There are main areas of research in the Department, namely: clinical health psychology; systems research (family & marital, social psychology, ecosystemic); psychobiography; lifespan career development; HIV/Aids; standardization and development of psychological tests; Griffiths scales of mental development; neuro psychology; cultural & cross-cultural psychology; developmental psychology. Considerable expertise is currently available amongst departmental staff members in these various areas of research. We therefore encourage our students to focus their own research within one of the existing research projects in the Department.

Our Department, thus, does not claim to adhere to a single school or orientation since we believe that we can best equip our students by exposing them to a broad theoretical basis and a variety of clinical and research methods.

While we recognise the importance of basic scientific studies and research, a practical, service orientation is emphasized in our teaching. Staff members are responsible for certain activities in the University Clinic, or UCLIN as it is called on campus, which allows them to keep a hand in practical work. We believe that psychologists have obligations to society to use their knowledge and skills in improving individual, interpersonal and group functioning.

UCLIN provides the facility for the training of our students and as such combines a service and training function. It functions very much like a private practice in that it offers a service to the public and handles all types of psychological, scholastic and relationship problems in children and adults. Most referrals to UCLIN come from

medical doctors, educational institutions and social workers. In addition to having a wide variety of clinical material, UCLIN also has the necessary psycho physiological, neuropsychological, psychometric and research equipment. This includes a variety of bio-feedback apparatus, a micro-computer system and a close-circuit television system. From early in their first year Masters students have the opportunity of seeing clients under the supervision of experienced practitioners. A similar service is offered on the Missionvale Campus site, where an established centre provides psychological services to members of the staff and student community as well as people from the surrounding community. The Centre is staffed by members of the Department and professionally trained postgraduate students. Services include:

- Psychometric assessment
- Academic and career guidance
- Individual, group and family counselling
- Psycho-educational programmes
- Workshops on mental health issues

This is done to ensure that by the end of their first year, students have acquired the practical skills necessary to begin their internship.

In addition to the practical experience gained at UCLIN, the course includes a theoretical and practical component which focuses on the psychosocial needs of the underprivileged community. Annual community projects are carried out by post-graduate students providing them with the opportunity of (i) acquiring psychological skills that are relevant to the community at large and (ii) rendering service to the underprivileged members of our society.

The internships for students in each registration category (clinical, counselling) is individually tailored to allow the student the opportunity of getting the most out of the internship experience. During the internship in clinical psychology, the student will have the experience of working at Uclin, the Elizabeth Donkin Hospital (a psychiatric hospital), Livingstone Hospital, and various Mental Health clinics in Port Elizabeth and Uitenhage. Students in counselling psychology do their internship at Uclin, the Mandela University Student Counselling Centre, the Missionvale Psychology Centre, and Life Health Care.

Each Masters student is expected to undertake an individual research project. This project forms the basis of a treatise which must be submitted in partial fulfilment of the requirements for the Master of Arts Degree. In order to assist students to complete their research projects successfully in the minimum period of time, expert guidance concerning methodology, quantitative or qualitative analysis and research report writing is offered by staff members, especially by those registered as research psychologists.

The following are currently the main areas of research focus in the Department, namely:

- Clinical Health Psychology
- Human Eco-Systems Research
- Psychobiography
- Lifespan Career Development
- HIV/Aids
- Standardization and Development of Psychological Tests
- Measurement of Clinical Phenomena
- Adult Personality Assessment
- Griffiths Scales of Child Development
- Neuro Psychology
- Cultural and Cross Cultural Psychology
- Developmental Psychology & Development Psychopathology
- Attachment
- Personal and Professional Development of Psychotherapists
- Personal and Professional Development of Registered Counsellors
- Therapeutic Psychology
- Cyber Psychology

Considerable expertise is presently available amongst departmental staff members in the above mentioned areas of research. We therefore encourage our students to focus their own research within one of these research projects.

GOALS OF THE MASTERS PROGRAMME

To:

- ◆ Provide students with an advanced critical understanding of human behaviour and the acquisition of specialised knowledge and skills in the fields of Counselling and Clinical psychology.
- ◆ Equip students with the necessary knowledge to be able to independently conduct scientific research.
- ◆ Prepare students for further post-graduate studies.
- ◆ Enable students to meet the requirements of the Professional Board for Psychology for registration as Clinical and Counselling psychologists.
- ◆ Instil in students a knowledge and appreciation for appropriate ethical and

professional conduct.

- ◆ Provide students with appropriate advanced knowledge, and in-depth practical and professional experience for application in the professional situation.
- ◆ Broaden students' self-growth and awareness through exposure to appropriate interpersonal experiences.
- ◆ Provide students with a broad integrated and accountable grounding in theory, research and professional practice.
- ◆ Equip students with the necessary skills to mediate in the interpersonal and group conflict situations.

ADMISSION REQUIREMENTS

Candidates shall be admitted for the degree of Master of Arts in Clinical or Counselling Psychology only if they have obtained an Honours degree in Psychology (or equivalent B.Psych. 4th year) at a level considered satisfactory by the Department of Psychology and if they are registered with the Professional Board for Psychology as students (board registration takes place after the successful selection of a candidate).

All candidates shall be subject to selection and present themselves for a personal interview. A limited number of qualifiers will be admitted to the programme, based on the facilities available to the Department in the year of registration.

ETHICAL STANDARDS AND DISCIPLINE

- Students are required to familiarise themselves with the standards of the ethical and professional conduct expected of registered psychologists and to function within these parameters.
- Students are expected to abide by the rules laid down by the various training institutions at which they may be placed.
- Students are requested to present themselves appropriately when dealing with members of the public at any of the training institutions at which they are placed.
- Students are expected to attain and maintain a satisfactory standard of academic work, practical work, and interpersonal conduct throughout their two years of training.

If progress in any of these areas is not satisfactory, the student will be given due warning (usually at the quarterly session). Additional monitoring through supervision will then be provided as far as possible. If this does not result in an acceptable improvement in performance, the student may be required to serve additional time or may even be required to discontinue the course.

PROFESSIONAL BOARD REQUIREMENTS

Timing of Internship:

Currently a maximum period of one year (plus a 4 month extension subject to conditions) after completion of an internship will be allowed for the completion of all academic requirements in respect of the Masters degree. Failure to complete in the specified time will result in an approved and uninterrupted and unpaid extension to the internship of between 3 and 12 months. The HPCSA is in the process of changing requirements to register as an intern – the Department of Psychology will keep students informed of this process.

Community Service:

The Minister of Health has implemented 12 months Community service for clinical psychologists as from 1 January 2004.

National Examination:

As from January 2002 any person who enrolled at a University for a Masters or professional Doctorate degree in psychology will be required to pass the Board's National Examination prior to their registration as psychologists.

Those persons required to do community service, will be permitted to either write the examination prior to commencement with community service, or after successful completion of the 12 month's community service, but prior to their registration for independent practice.

Internship

The internship must commence within two years of completing the first year of a directed Master's degree.

For more information on the above, please contact the *Health Professions Council of South Africa (HPCSA), Professional Board for Psychology*, at (012) 338-9300 or visit their website at www.hpcsa.co.za

LANGUAGE MEDIUM

Students will find that most class discussions and case conferences take place in English. However, staff in the department are multi-lingual which provides students with opportunities to communicate in languages they are comfortable with.

ACCOMMODATION

The Nelson Mandela Metropolitan University offers a new private and secure home environment for postgraduate students. Blending into its surroundings in the Nelson Mandela University Nature reserve, the *Renaissance Postgraduate Student Village* is designed to enable postgraduate students to live and work in peace and comfort and is situated on the NMU South campus.

For more information on the above and other university accommodation, please contact the Residence Manager on 504-3941 or fax at 504-2574 or e-mail at resadmissions@mandela.ac.za.

BURSARIES AND LOANS

Bursaries and loans are awarded annually by the University and a number of outside organisations. A complete list of the available bursaries and loans is obtainable from the Registrar on request, or can be downloaded from our website – www.mandela.ac.za.

Applications for bursaries and loans should be lodged with the Registrar. Assistance in this regard can be obtained from the Research Management Office at the University at telephone number (041) 504-2538.

GENERAL

➤ Booksellers

Van Schaik Bookstore has a university bookstore close to the campus which sells textbooks, stationery, etcetera. Credit facilities are available on submission of application.

Rehab Books have been providing text books to Mandela University for the last few years and was founded by an ex Mandela University student. Their aim is to lower the prices of text books/ study material. Their shop is centrally located on our South Camps, next to the main cafeteria. They provide both new and 2nd hand books.

➤ Banks and Building Societies

Standard Bank has a branch on campus. In addition, Absa Bank, Nedbank and First National Bank have automatic teller machines on campus.

➤ Cafeteria

- Rendezvous Campus Cafe
- Flavaaz : Halaal outlet

➤ Office hours

The Departmental administrative offices of the University are open between 08:30 and 16:00 Monday to Friday.

CURRICULUM

MASTER OF ARTS IN CLINICAL PSYCHOLOGY: SPC5

MASTER OF ARTS IN COUNSELLING PSYCHOLOGY: SPV5

FIRST YEAR OF STUDY

Candidates in each of the above mentioned categories are required to complete the semester courses as indicated by the key below:

SP502: PSYCHOPATHOLOGY OF ADULTHOOD AND AGEING

The theory and practice of:

- (a) assessing adults with various forms of psychological problems (primarily using the clinical interview within the broader context of bio- psychosocial model)
- (b) formulating:
 - (i) a diagnosis
 - (ii) an explanation of the origin, the development and the present status of the psychological problem;
 - (iii) a management treatment plan for the psychological problem;
 - (iv) a prognostic evaluation of the future course of the psychological problem;
 - (v) preventative strategies for the psychological problem;
 - (vi) a standard clinical report;
- (c) case presentation on a regular basis to a multiprofessional team.

Practical: Attendance of case conferences and presentation of case studies at a psychiatric hospital and at the University Clinic: 5 hours per week, this includes 3 hours of group supervision.

SP504: ASSESSMENT OF CHILDREN AND ADOLESCENTS

Psychodiagnostic assessment of children and adolescents by means of diagnostic interviews and psychological tests. Modules include: functional domain models of assessment; cognitive, perceptual neuropsychological, emotional/behavioural, developmental, scholastic assessment; test interpretation; report writing.

Practical: Diagnostic assessment and interviewing of children and adolescents with individual and group supervision: 3 hours per week per student.

SP512: INDIVIDUAL PSYCHOLOGICAL INTERVENTION A

Principles, process and practice of individual psychological intervention. Modules include: crisis-intervention; person-centred therapy.

Practical: Psychotherapy with individual and group supervision: 1 hour per week per student.

SP519: INTEGRATIVE MODELS OF INDIVIDUAL AND GROUP PSYCHOLOGICAL INTERVENTION

Models of eclectic, individual and group therapy and counselling in theory and practice.

Practical: Group supervision: 2 hours per week.

SP517 GROUP PSYCHOLOGICAL INTERVENTION A

Principles, practice and process of contextual group psychological intervention. Modules include: theory of systems, psychoeducation, and community-based psychological intervention.

Practical: Group psychotherapy with individual supervision: 1 hour per week.

SP518: GROUP PSYCHOLOGICAL INTERVENTION B

Principles, practice and process of group psychological intervention. Modules include: group therapy, group facilitative skills.

Practical: Group psychotherapy with individual supervision: 1 hour per week.

SP508: CHILD NEUROPSYCHOLOGY

Advanced knowledge regarding child neuropsychology (e.g. basic concepts, behavioural geography of the brain, neurodevelopmental perspectives, common neurological disorders, intervention strategies) is provided to the students with opportunities to relate this knowledge to psychological practice by means of case studies.

Practical: Experience in child and adolescent neuropsychological assessment and cognitive training strategies: 1 hour per week.

SP510: PROFESSIONAL ISSUES IN PSYCHOLOGY

The course introduces students to many of the ethical issues which psychologists are confronted with in practice, develops their ability to resolve these dilemmas, and acquaints students with the regulations and ethics of the psychological profession.

Practical: Attending sessions by relevant professionals: 1 hour per week.

SP511: CHILD AND ADOLESCENT DEVELOPMENT

The course provides an underlying theoretical structure for the understanding of and working with children and adolescents.

Practical: Presentation of case studies.

SP515: INDIVIDUAL PSYCHOLOGICAL INTERVENTION D

Principles, process and practice of career counselling and directive psychotherapy.

Practical: Assessment and interviewing of clients with individual supervision: 1 hour per week per student.

SP501: PSYCHOPATHOLOGY OF CHILDHOOD AND ADOLESCENCE

As in psychopathology of adulthood and ageing but with the focus on psychological problems which are usually first evident in infancy, childhood and adolescence.

Practical: Attendance of case conferences and presentation of case studies at the psychiatric hospital and UCLIN, visits to special and specialized schools: 5 hours per week, which includes 3 hours of group supervision.

SP505: ASSESSMENT OF ADULTS

Psychodiagnostic assessment of adults by means of diagnostic interviews and psychological tests. Modules include: the assessment of cognitive, career, personality, neuropsychological, and relationship aspects; test interpretation; report writing.

Practical: Diagnostic assessment and interviewing of adults with individual and group supervision: 3 hours per week per student.

SWM501: COUPLE COUNSELLING

The process of couple counselling, as well as the approaches to counselling (experiential, psychoanalytic, inter-generational, etc.)

SP509: ADULT NEUROPSYCHOLOGY

Advanced knowledge regarding adult neuropsychology (e.g., the diagnosis and rehabilitation of neurological disorders; forensic issues, faking on tests) is provided to the student with the opportunity to relate this knowledge to psychological practice by means of case studies.

Practical: Experience in adult neuropsychological assessment and cognitive rehabilitation: 1 hour per week.

SP513: INDIVIDUAL PSYCHOLOGICAL INTERVENTION B

Principles, process and practice of individual psychological intervention. Modules include: object relations; transactional analysis and cognitive behavioural therapy.

Practical: Psychotherapy with individual and group supervision: 1 hour per week per student.

SP514: INDIVIDUAL PSYCHOLOGICAL INTERVENTION C

Principles, process and practice of psychological intervention with children. Modules include: child therapeutic approaches.

Practical: Psychotherapy with individual and group supervision: 1 hour per week per student.

SP503: SPORT, EXERCISE AND HEALTH PSYCHOLOGY

Psychological factors contributing to excellence in sport, to the promotion and maintenance of good health, and to the prevention and treatment of illness and injuries.

SP528: SPECIAL AND SPECIALISED EDUCATION

Training in the identification, assessment and remediation of children not able to cope with normal schooling as a result of disability or deprivation. Modules include the identification, assessment and placement of: special class and special school pupils; learning disabled and neurologically pupils; and parental guidance.

Practical: Diagnosis and intervention with individual supervision: 1 hour per week per student.

SP529: GUIDANCE AND COUNSELLING

Training in the identification, assessment and therapeutic intervention of children with emotional, social and educational/career choice problems in a normal school setting. Modules include: the understanding and utilisation of educational structures, professional assistance structures, school choices, subject choices and grade choices; pupils with normal developmental adjustment problems, identification, and assessment and therapeutic intervention.

SP516: INDIVIDUAL PSYCHOLOGICAL INTERVENTION E

Principles, process and practice of individual psychological intervention. Modules include: advanced career counselling and child therapy.

Practical: Psychotherapy with individual and group supervision: 1 hour per week per student.

SP506: PSYCHOLOGICAL TEST THEORY A (First Semester)

SP507: PSYCHOLOGICAL TEST THEORY B (Second Semester)

Insight will be gained into the foundations of test and measurement theory and students will be comprehensively trained in both the psychometric considerations in the construction of a measure and the critical evaluation of the psychometric properties of existing measures in the South African context.

Practical: Applying of psychosocial tests: 2 hours per week.

Practical: Psychotherapy with individual and group supervision: 1 hour per week per student.

SP521: ADVANCED RESEARCH METHODOLOGY AND METHODS (First Semester)

SP522: ADVANCED RESEARCH METHODOLOGY AND METHODS (Second Semester)

This course provides the student with a comprehensive overview of the historical foundations of research; the scientific paradigm; experimental, quasi-experimental, non-experimental and qualitative methodologies; and training in the development and implementation of effective community-based research projects. The student will have the opportunity to gain practical experience with a variety of research

methods. Furthermore, students will be equipped to study, conduct, document and evaluate research and research literature in an ethical and scientific manner.

Practical: Consulting with postgraduate students to assist them in planning their research studies and research reporting. Involvement in conducting and reporting on a community-based research project: 2 hours per week.

SP523: ADVANCED DATA ANALYSIS TECHNIQUES A (First Semester)

SP524: ADVANCED DATA ANALYSIS TECHNIQUES B (Second Semester)

Students will gain theoretical knowledge of, as well as practical experience with univariate, bivariate and multivariate quantitative data analysis techniques, and with techniques for evaluating and interpreting information obtained from qualitative studies. In addition, students will be equipped to provide effective research feedback and reports in both the professional and community spheres.

Practical: Data capturing; the selection of appropriate statistical techniques; the analysis and interpretation of data; reporting and dissemination of results: 2 hours per week.

SP520: RESEARCH PLANNING AND PRESENTATION (ATTENDANCE COURSE)

This course will provide students with the necessary training and information required for the formulation of a research problem, writing and presentation of a research proposal, as well as providing guidelines for writing a dissertation/treatise.

Practical: Demonstration of competence in preparing computerised slide shows; preparation, critique and presentation of research proposal; demonstration of competence in utilising graphs and tables in the presentation of data (2 hours per week).

SPK 502: TREATISE (CLINICAL PSYCHOLOGY)

SPV 502: TREATISE (COUNSELLING PSYCHOLOGY)

- (a) A treatise on an approved topic is required. Work on the treatise should commence during the first year and may be continued in the second year.
- (b) A journal article, based on research for the treatise, has to be submitted for publication.

PRACTICAL WORK

Practical work amounting to 20 hours per week is prescribed by the Professional Board of Psychology. Each student is required to carry a case load of 4-6 personas concurrently, and is to receive general supervision of one hour per week.

EXAMINATION

Written and oral examinations will be conducted at appropriate points in the first year of study. In addition, written assignments, reports, files, case presentations and performance in assessment, counselling and intervention situations will be evaluation of candidates. Candidates must pass both the theoretical and the practical components of a course in order to be admitted to the second semester of the course or to pass the course as a whole.

SECOND YEAR OF STUDY

INTERNSHIP

Internship training extends over a period of no less than 12 months. The internship has to be undertaken at an institution for this purpose by the Professional Board of Psychology of the Health Professions Council. Candidates are admitted to the internship on selection and on proof of registration as an intern psychologist with the Professional Board of Psychology.

SPK501: CLINICAL PSYCHOLOGY

Specialised assessment and intervention procedures as prescribed by the Professional Board of Psychology for clinical interns. UCLIN in collaboration with the Elizabeth Donkin Psychiatric Hospital is accredited for the training of clinical psychology interns.

SPV501: COUNSELLING PSYCHOLOGY

Specialised assessment and intervention procedures as prescribed by the Professional Board for Psychology for counselling interns. UCLIN in collaboration with the Unit for Student Counselling is accredited for the training of counselling psychology interns.

EXAMINATION

In the second year of study the intern shall be evaluated by an examination committee on two occasions. The examinations consist of an evaluation of theoretical knowledge and professional skills. These examinations are in addition to the continuous monitoring during the year of the intern's progress on both a theoretical and a practical level.

We look forward to your application!
Remember: CLOSING DATE 29 JUNE 2018